



Ijzeren Paal

26.1.2025

Omega

Chris NEYENS

K.O.L.

Strecke : H:06

Länge : 3270m

Zeit : 0:49:42 (15'12"/km)

6/13

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Robbe LUYCKX	0:33:03
2. Jens DEFERM	0:33:04
3. Tom GEYS	0:43:39

1.	112	00:05:39		339m	16'40"/km
2.	141	00:02:38	00:08:17	168m	15'40"/km
3.	132	00:03:16	00:11:33	259m	12'37"/km
4.	131	00:08:57	00:20:30	512m	17'29"/km
5.	127	00:04:20	00:24:50	314m	13'48"/km
6.	126	00:04:58	00:29:48	307m	16'11"/km
7.	128	00:04:06	00:33:54	308m	13'19"/km
8.	129	00:02:51	00:36:45	185m	15'24"/km
9.	140	00:03:14	00:39:59	211m	15'19"/km
10.	142	00:08:24	00:48:23	489m	17'11"/km
11.	999	00:01:19	00:49:42	134m	9'50"/km

HELGA

Orienteering Software