



Ijzeren Paal

26.1.2025

Omega

**Georges TIMMERMANS**

K.O.L.

Strecke : H:05

Länge : 3980m

Zeit : 0:53:01 (13'19"/km)

12/28

O.K.

[Vollständige Ergebnisse auf Webres](#)

|                       |         |
|-----------------------|---------|
| 1. Daniel WILLEMSSENS | 0:33:08 |
| 2. Andre AERTS        | 0:35:01 |
| 3. Ferdinand GEBOERS  | 0:35:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 139 | 00:03:01 |          | 273m | 11'03"/km |
| 2.  | 112 | 00:04:54 | 00:07:55 | 401m | 12'13"/km |
| 3.  | 141 | 00:02:23 | 00:10:18 | 168m | 14'11"/km |
| 4.  | 129 | 00:03:38 | 00:13:56 | 312m | 11'39"/km |
| 5.  | 128 | 00:02:11 | 00:16:07 | 185m | 11'48"/km |
| 6.  | 127 | 00:05:56 | 00:22:03 | 501m | 11'51"/km |
| 7.  | 136 | 00:01:43 | 00:23:46 | 95m  | 18'04"/km |
| 8.  | 126 | 00:03:24 | 00:27:10 | 226m | 15'03"/km |
| 9.  | 131 | 00:05:42 | 00:32:52 | 295m | 19'19"/km |
| 10. | 138 | 00:05:08 | 00:38:00 | 337m | 15'14"/km |
| 11. | 140 | 00:06:16 | 00:44:16 | 451m | 13'54"/km |
| 12. | 132 | 00:02:03 | 00:46:19 | 143m | 14'20"/km |
| 13. | 142 | 00:05:43 | 00:52:02 | 417m | 13'43"/km |
| 14. | 999 | 00:00:59 | 00:53:01 | 134m | 7'20"/km  |

HELGA

Orienteering Software