



Ijzeren Paal

26.1.2025

Omega

Rudy CANTRE

K.O.L.

Omloop : H:05

Afstand : 3980m

Tijd : 0:37:46 (9'29"/km)

5/28

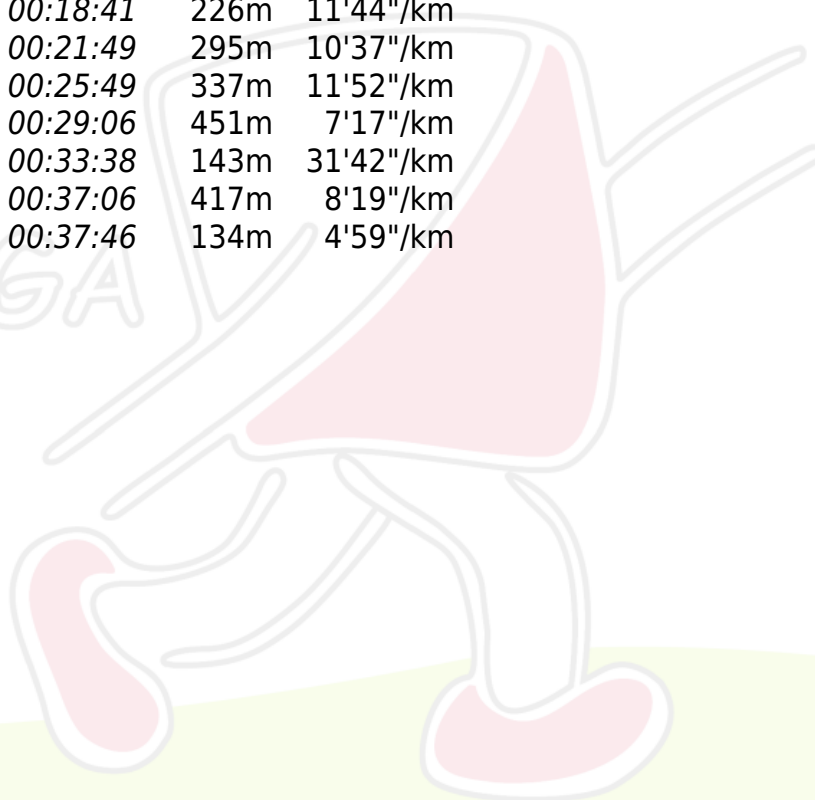
O.K.

[Volledige uitslagen op Webres](#)

1. Daniel WILLEMSSENS	0:33:08
2. Andre AERTS	0:35:01
3. Ferdinand GEBOERS	0:35:38

1.	139	00:01:51		273m	6'47"/km
2.	112	00:03:41	00:05:32	401m	9'11"/km
3.	141	00:01:41	00:07:13	168m	10'01"/km
4.	129	00:02:21	00:09:34	312m	7'32"/km
5.	128	00:01:29	00:11:03	185m	8'01"/km
6.	127	00:03:57	00:15:00	501m	7'53"/km
7.	136	00:01:02	00:16:02	95m	10'53"/km
8.	126	00:02:39	00:18:41	226m	11'44"/km
9.	131	00:03:08	00:21:49	295m	10'37"/km
10.	138	00:04:00	00:25:49	337m	11'52"/km
11.	140	00:03:17	00:29:06	451m	7'17"/km
12.	132	00:04:32	00:33:38	143m	31'42"/km
13.	142	00:03:28	00:37:06	417m	8'19"/km
14.	999	00:00:40	00:37:46	134m	4'59"/km

HELGA



Orienteering Software