



Ijzeren Paal

26.1.2025

Omega

Ivo TIMMERMANS

K.O.L.

Percursus : H:05

Distancia : 3980m

Tempo : 0:37:00 (9'18"/km)

4/28

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------|---------|
| 1. Daniel WILLEMSSENS | 0:33:08 |
| 2. Andre AERTS | 0:35:01 |
| 3. Ferdinand GEBOERS | 0:35:38 |

1.	139	00:02:16		273m	8'18"/km
2.	112	00:04:08	00:06:24	401m	10'18"/km
3.	141	00:01:47	00:08:11	168m	10'37"/km
4.	129	00:02:40	00:10:51	312m	8'33"/km
5.	128	00:01:42	00:12:33	185m	9'11"/km
6.	127	00:04:22	00:16:55	501m	8'43"/km
7.	136	00:01:03	00:17:58	95m	11'03"/km
8.	126	00:02:28	00:20:26	226m	10'55"/km
9.	131	00:03:12	00:23:38	295m	10'51"/km
10.	138	00:03:38	00:27:16	337m	10'47"/km
11.	140	00:03:44	00:31:00	451m	8'17"/km
12.	132	00:01:13	00:32:13	143m	8'30"/km
13.	142	00:04:01	00:36:14	417m	9'38"/km
14.	999	00:00:46	00:37:00	134m	5'43"/km

HELGA

Orienteering Software