



Ijzeren Paal

26.1.2025

Omega

**Ferdinand GEBOERS**

K.O.L.

Percursus : H:05

Distancia : 3980m

Tempo : 0:35:38 (8'57"/km)

3/28

O.K.

[Resultados completos em Webres](#)

- |                       |         |
|-----------------------|---------|
| 1. Daniel WILLEMSSENS | 0:33:08 |
| 2. Andre AERTS        | 0:35:01 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 139 | 00:02:04 |          | 273m | 7'34"/km  |
| 2.  | 112 | 00:04:03 | 00:06:07 | 401m | 10'06"/km |
| 3.  | 141 | 00:01:39 | 00:07:46 | 168m | 9'49"/km  |
| 4.  | 129 | 00:02:36 | 00:10:22 | 312m | 8'20"/km  |
| 5.  | 128 | 00:01:48 | 00:12:10 | 185m | 9'44"/km  |
| 6.  | 127 | 00:04:22 | 00:16:32 | 501m | 8'43"/km  |
| 7.  | 136 | 00:00:52 | 00:17:24 | 95m  | 9'07"/km  |
| 8.  | 126 | 00:02:41 | 00:20:05 | 226m | 11'52"/km |
| 9.  | 131 | 00:02:31 | 00:22:36 | 295m | 8'32"/km  |
| 10. | 138 | 00:03:18 | 00:25:54 | 337m | 9'48"/km  |
| 11. | 140 | 00:03:36 | 00:29:30 | 451m | 7'59"/km  |
| 12. | 132 | 00:01:15 | 00:30:45 | 143m | 8'44"/km  |
| 13. | 142 | 00:04:14 | 00:34:59 | 417m | 10'09"/km |
| 14. | 999 | 00:00:39 | 00:35:38 | 134m | 4'51"/km  |

HELGA

Orienteering Software