



Ijzeren Paal

26.1.2025

Omega

Paul KESSELAERS

Omega

Course : H:04

Distance : 4960m

Time : 10:53:27 (131'45"/km)

26/28

O.K.

[Full result on Webres](#)

1. Kobe DEFERM	0:36:08
2. Gérald SOUWEINE	0:41:27
3. Wim HOEKX	0:43:34

1.	139	09:27:41	273m	2079'26"/km
2.	143	00:05:20 09:33:01	257m	20'45"/km
3.	111	00:07:13 09:40:14	481m	15'00"/km
4.	147	00:05:27 09:45:41	315m	17'18"/km
5.	133	00:04:56 09:50:37	276m	17'52"/km
6.	114	00:07:44 09:58:21	207m	37'22"/km
7.	113	00:04:21 10:02:42	273m	15'56"/km
8.	123	00:03:19 10:06:01	281m	11'48"/km
9.	115	00:01:20 10:07:21	95m	14'02"/km
10.	144	00:09:16 10:16:37	584m	15'52"/km
11.	127	00:08:35 10:25:12	212m	40'29"/km
12.	136	00:01:41 10:26:53	95m	17'43"/km
13.	131	00:04:05 10:30:58	317m	12'53"/km
14.	128	00:08:31 10:39:29	237m	35'56"/km
15.	129	00:02:36 10:42:05	185m	14'03"/km
16.	140	00:02:58 10:45:03	211m	14'04"/km
17.	142	00:07:11 10:52:14	489m	14'41"/km
18.	999	00:01:13 10:53:27	134m	9'05"/km

Orienteering Software