



Ijzeren Paal

26.1.2025

Omega

Luc WILLEMS

Indiv.

Strecke : H:04

Länge : 4960m

Zeit : 1:28:17 (17'48"/km)

24/28

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|--------------------|---------|
| 1. Kobe DEFERM | 0:36:08 |
| 2. Gérald SOUWEINE | 0:41:27 |
| 3. Wim HOEKX | 0:43:34 |

1.	139	00:03:05		273m	11'18"/km
2.	143	00:05:21	00:08:26	257m	20'49"/km
3.	111	00:07:48	00:16:14	481m	16'13"/km
4.	147	00:04:44	00:20:58	315m	15'02"/km
5.	133	00:08:18	00:29:16	276m	30'04"/km
6.	114	00:05:59	00:35:15	207m	28'54"/km
7.	113	00:07:48	00:43:03	273m	28'34"/km
8.	123	00:05:03	00:48:06	281m	17'58"/km
9.	115	00:01:38	00:49:44	95m	17'12"/km
10.	144	00:08:46	00:58:30	584m	15'01"/km
11.	127	00:03:40	01:02:10	212m	17'18"/km
12.	136	00:01:34	01:03:44	95m	16'29"/km
13.	131	00:04:49	01:08:33	317m	15'12"/km
14.	128	00:04:21	01:12:54	237m	18'21"/km
15.	129	00:02:29	01:15:23	185m	13'25"/km
16.	140	00:03:11	01:18:34	211m	15'05"/km
17.	142	00:08:53	01:27:27	489m	18'10"/km
18.	999	00:00:50	01:28:17	134m	6'13"/km

Orienteering Software