



Ijzeren Paal

26.1.2025

Omega

Servais HICK

CO Liège

Course : H:04

Distance : 4960m

Time : 1:02:59 (12'42"/km)

20/28

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Kobe DEFERM | 0:36:08 |
| 2. Gérald SOUWEINE | 0:41:27 |
| 3. Wim HOEKX | 0:43:34 |

1.	139	00:02:21		273m	8'36"/km
2.	143	00:02:30	00:04:51	257m	9'44"/km
3.	111	00:05:00	00:09:51	481m	10'24"/km
4.	147	00:03:40	00:13:31	315m	11'38"/km
5.	133	00:03:31	00:17:02	276m	12'44"/km
6.	114	00:07:45	00:24:47	207m	37'26"/km
7.	113	00:03:57	00:28:44	273m	14'28"/km
8.	123	00:03:03	00:31:47	281m	10'51"/km
9.	115	00:01:16	00:33:03	95m	13'20"/km
10.	144	00:06:23	00:39:26	584m	10'56"/km
11.	127	00:02:10	00:41:36	212m	10'13"/km
12.	136	00:01:08	00:42:44	95m	11'56"/km
13.	131	00:03:29	00:46:13	317m	10'59"/km
14.	128	00:02:51	00:49:04	237m	12'02"/km
15.	129	00:02:11	00:51:15	185m	11'48"/km
16.	140	00:02:30	00:53:45	211m	11'51"/km
17.	142	00:08:00	01:01:45	489m	16'22"/km
18.	999	00:01:14	01:02:59	134m	9'12"/km

Orienteering Software