



Ijzeren Paal

26.1.2025

Omega

Luc WERKX

Balise 10

Percorso : H:04

Distancia : 4960m

Tempo : 0:55:55 (11'16"/km)

12/28

O.K.

[Resultados completos em Webres](#)

1. Kobe DEFERM	0:36:08
2. Gérald SOUWEINE	0:41:27
3. Wim HOEKX	0:43:34

1.	139	00:03:11		273m	11'40"/km
2.	143	00:03:18	00:06:29	257m	12'50"/km
3.	111	00:05:05	00:11:34	481m	10'34"/km
4.	147	00:03:33	00:15:07	315m	11'16"/km
5.	133	00:03:18	00:18:25	276m	11'57"/km
6.	114	00:06:17	00:24:42	207m	30'21"/km
7.	113	00:03:20	00:28:02	273m	12'13"/km
8.	123	00:02:36	00:30:38	281m	9'15"/km
9.	115	00:03:04	00:33:42	95m	32'17"/km
10.	144	00:05:53	00:39:35	584m	10'04"/km
11.	127	00:01:52	00:41:27	212m	8'48"/km
12.	136	00:00:52	00:42:19	95m	9'07"/km
13.	131	00:02:44	00:45:03	317m	8'37"/km
14.	128	00:02:02	00:47:05	237m	8'35"/km
15.	129	00:01:33	00:48:38	185m	8'23"/km
16.	140	00:01:39	00:50:17	211m	7'49"/km
17.	142	00:04:38	00:54:55	489m	9'29"/km
18.	999	00:01:00	00:55:55	134m	7'28"/km

Orienteering Software