



Ijzeren Paal

26.1.2025

Omega

Yves DE MITS

TROL

Course : H:03

Distance : 6630m

Time : 1:11:31 (10'47"/km)

32/38

O.K.

[Full result on Webres](#)

1. Nathan JANSEN	0:41:51
2. Noël NIJSTEN	0:45:25
3. Wiet LAENEN	0:46:06

1.	132	00:04:05		501m	8'09"/km
2.	128	00:02:37	00:06:42	310m	8'26"/km
3.	126	00:02:45	00:09:27	308m	8'56"/km
4.	136	00:01:58	00:11:25	226m	8'42"/km
5.	127	00:00:51	00:12:16	95m	8'57"/km
6.	145	00:04:51	00:17:07	602m	8'03"/km
7.	130	00:01:35	00:18:42	192m	8'15"/km
8.	116	00:03:21	00:22:03	203m	16'30"/km
9.	121	00:04:35	00:26:38	584m	7'51"/km
10.	134	00:02:39	00:29:17	230m	11'31"/km
11.	120	00:01:31	00:30:48	120m	12'38"/km
12.	117	00:13:03	00:43:51	255m	51'11"/km
13.	122	00:05:33	00:49:24	557m	9'58"/km
14.	144	00:06:40	00:56:04	685m	9'44"/km
15.	131	00:02:47	00:58:51	274m	10'09"/km
16.	140	00:03:52	01:02:43	445m	8'41"/km
17.	129	00:02:00	01:04:43	211m	9'29"/km
18.	141	00:02:36	01:07:19	312m	8'20"/km
19.	142	00:03:13	01:10:32	343m	9'23"/km
20.	999	00:00:59	01:11:31	134m	7'20"/km

Orienteering Software