



Ijzeren Paal

26.1.2025

Omega

Viek DE MITS

TROL

Omloop : H:03

Afstand : 6630m

Tijd : 1:01:39 (9'18"/km)

24/38

O.K.

[Volledige uitslagen op Webres](#)

1. Nathan JANSEN	0:41:51
2. Noël NIJSTEN	0:45:25
3. Wiet LAENEN	0:46:06

1.	132	00:03:19		501m	6'37"/km
2.	128	00:05:23	00:08:42	310m	17'22"/km
3.	126	00:02:08	00:10:50	308m	6'56"/km
4.	136	00:02:09	00:12:59	226m	9'31"/km
5.	127	00:00:52	00:13:51	95m	9'07"/km
6.	145	00:05:18	00:19:09	602m	8'48"/km
7.	130	00:01:26	00:20:35	192m	7'28"/km
8.	116	00:02:51	00:23:26	203m	14'02"/km
9.	121	00:04:34	00:28:00	584m	7'49"/km
10.	134	00:07:19	00:35:19	230m	31'49"/km
11.	120	00:01:12	00:36:31	120m	10'00"/km
12.	117	00:01:46	00:38:17	255m	6'56"/km
13.	122	00:03:53	00:42:10	557m	6'58"/km
14.	144	00:05:58	00:48:08	685m	8'43"/km
15.	131	00:02:15	00:50:23	274m	8'13"/km
16.	140	00:03:58	00:54:21	445m	8'55"/km
17.	129	00:01:33	00:55:54	211m	7'21"/km
18.	141	00:02:48	00:58:42	312m	8'58"/km
19.	142	00:02:21	01:01:03	343m	6'51"/km
20.	999	00:00:36	01:01:39	134m	4'29"/km

Orienteering Software