



Ijzeren Paal

26.1.2025

Omega

Steven JOCHEMS

KOVZ

Omloop : H:03

Afstand : 6630m

Tijd : 0:58:50 (8'52"/km)

21/38

O.K.

[Volledige uitslagen op Webres](#)

1. Nathan JANSEN	0:41:51
2. Noël NIJSTEN	0:45:25
3. Wiet LAENEN	0:46:06

1.	132	00:04:06		501m	8'11"/km
2.	128	00:02:56	00:07:02	310m	9'28"/km
3.	126	00:02:29	00:09:31	308m	8'04"/km
4.	136	00:02:41	00:12:12	226m	11'52"/km
5.	127	00:01:04	00:13:16	95m	11'14"/km
6.	145	00:05:08	00:18:24	602m	8'32"/km
7.	130	00:01:47	00:20:11	192m	9'17"/km
8.	116	00:02:33	00:22:44	203m	12'34"/km
9.	121	00:05:17	00:28:01	584m	9'03"/km
10.	134	00:02:05	00:30:06	230m	9'03"/km
11.	120	00:01:42	00:31:48	120m	14'10"/km
12.	117	00:02:09	00:33:57	255m	8'26"/km
13.	122	00:04:13	00:38:10	557m	7'34"/km
14.	144	00:06:03	00:44:13	685m	8'50"/km
15.	131	00:02:28	00:46:41	274m	9'00"/km
16.	140	00:04:32	00:51:13	445m	10'11"/km
17.	129	00:01:37	00:52:50	211m	7'40"/km
18.	141	00:02:18	00:55:08	312m	7'22"/km
19.	142	00:02:52	00:58:00	343m	8'21"/km
20.	999	00:00:50	00:58:50	134m	6'13"/km

Orienteering Software