



Ijzeren Paal

26.1.2025

Omega

Hendrik VAN HOEY

TROL

Course : H:03

Distance : 6630m

Time : 0:52:53 (7'59"/km)

15/38

O.K.

[Full result on Webres](#)

1. Nathan JANSEN	0:41:51
2. Noël NIJSTEN	0:45:25
3. Wiet LAENEN	0:46:06

1.	132	00:03:33		501m	7'05"/km
2.	128	00:02:09	00:05:42	310m	6'56"/km
3.	126	00:02:31	00:08:13	308m	8'10"/km
4.	136	00:02:00	00:10:13	226m	8'51"/km
5.	127	00:00:48	00:11:01	95m	8'25"/km
6.	145	00:04:27	00:15:28	602m	7'24"/km
7.	130	00:01:33	00:17:01	192m	8'04"/km
8.	116	00:01:39	00:18:40	203m	8'08"/km
9.	121	00:05:32	00:24:12	584m	9'28"/km
10.	134	00:02:30	00:26:42	230m	10'52"/km
11.	120	00:01:11	00:27:53	120m	9'52"/km
12.	117	00:01:59	00:29:52	255m	7'47"/km
13.	122	00:04:05	00:33:57	557m	7'20"/km
14.	144	00:05:05	00:39:02	685m	7'25"/km
15.	131	00:03:31	00:42:33	274m	12'50"/km
16.	140	00:03:08	00:45:41	445m	7'02"/km
17.	129	00:01:37	00:47:18	211m	7'40"/km
18.	141	00:02:12	00:49:30	312m	7'03"/km
19.	142	00:02:37	00:52:07	343m	7'38"/km
20.	999	00:00:46	00:52:53	134m	5'43"/km

Orienteering Software