



Ijzeren Paal

26.1.2025

Omega

Luca LENGES

OLV Eifel

Circuit : H:03

Distance : 6630m

Temps : 0:49:14 (7'26"/km)

8/38

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Nathan JANSEN | 0:41:51 |
| 2. Noël NIJSTEN | 0:45:25 |
| 3. Wiet LAENEN | 0:46:06 |

1.	132	00:03:09		501m	6'17"/km
2.	128	00:02:05	00:05:14	310m	6'43"/km
3.	126	00:02:15	00:07:29	308m	7'18"/km
4.	136	00:01:45	00:09:14	226m	7'45"/km
5.	127	00:00:50	00:10:04	95m	8'46"/km
6.	145	00:04:33	00:14:37	602m	7'33"/km
7.	130	00:01:09	00:15:46	192m	5'59"/km
8.	116	00:01:44	00:17:30	203m	8'32"/km
9.	121	00:03:37	00:21:07	584m	6'12"/km
10.	134	00:01:38	00:22:45	230m	7'06"/km
11.	120	00:01:25	00:24:10	120m	11'48"/km
12.	117	00:05:44	00:29:54	255m	22'29"/km
13.	122	00:03:16	00:33:10	557m	5'52"/km
14.	144	00:04:59	00:38:09	685m	7'16"/km
15.	131	00:02:01	00:40:10	274m	7'22"/km
16.	140	00:03:01	00:43:11	445m	6'47"/km
17.	129	00:01:22	00:44:33	211m	6'29"/km
18.	141	00:01:48	00:46:21	312m	5'46"/km
19.	142	00:02:14	00:48:35	343m	6'31"/km
20.	999	00:00:39	00:49:14	134m	4'51"/km

Orienteering Software