



Ijzeren Paal

26.1.2025

Omega

Wiet LAENEN

TROL

Percorso : H:03

Distancia : 6630m

Tempo : 0:46:06 (6'57"/km)

3/38

O.K.

[Resultados completos em Webres](#)

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|------------------|---------|
| 1. Nathan JANSEN | 0:41:51 |
| 2. Noël NIJSTEN | 0:45:25 |

1.	132	00:03:37		501m	7'13"/km
2.	128	00:02:03	00:05:40	310m	6'37"/km
3.	126	00:02:04	00:07:44	308m	6'43"/km
4.	136	00:01:37	00:09:21	226m	7'09"/km
5.	127	00:00:47	00:10:08	95m	8'15"/km
6.	145	00:04:07	00:14:15	602m	6'50"/km
7.	130	00:01:10	00:15:25	192m	6'05"/km
8.	116	00:01:34	00:16:59	203m	7'43"/km
9.	121	00:04:14	00:21:13	584m	7'15"/km
10.	134	00:01:43	00:22:56	230m	7'28"/km
11.	120	00:01:00	00:23:56	120m	8'20"/km
12.	117	00:01:47	00:25:43	255m	7'00"/km
13.	122	00:03:42	00:29:25	557m	6'39"/km
14.	144	00:04:50	00:34:15	685m	7'03"/km
15.	131	00:02:02	00:36:17	274m	7'25"/km
16.	140	00:03:08	00:39:25	445m	7'02"/km
17.	129	00:01:22	00:40:47	211m	6'29"/km
18.	141	00:02:04	00:42:51	312m	6'37"/km
19.	142	00:02:28	00:45:19	343m	7'11"/km
20.	999	00:00:47	00:46:06	134m	5'51"/km

Orienteering Software