



Ijzeren Paal

26.1.2025

Omega

Steffen KNOOPS

hamok

Strecke : H:02

Länge : 8700m

Zeit : 1:34:20 (10'51"/km)

37/39

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSSSEN	0:52:48

1.	140	00:06:03		525m	11'31"/km
2.	129	00:02:08	00:08:11	211m	10'07"/km
3.	127	00:06:36	00:14:47	686m	9'37"/km
4.	136	00:01:11	00:15:58	95m	12'27"/km
5.	126	00:02:33	00:18:31	226m	11'17"/km
6.	146	00:04:18	00:22:49	376m	11'26"/km
7.	124	00:04:55	00:27:44	533m	9'13"/km
8.	144	00:05:01	00:32:45	576m	8'43"/km
9.	134	00:11:46	00:44:31	1067m	11'02"/km
10.	120	00:02:03	00:46:34	120m	17'05"/km
11.	117	00:03:24	00:49:58	255m	13'20"/km
12.	116	00:04:04	00:54:02	399m	10'12"/km
13.	135	00:07:20	01:01:22	600m	12'13"/km
14.	119	00:01:58	01:03:20	218m	9'01"/km
15.	145	00:06:25	01:09:45	664m	9'40"/km
16.	138	00:06:58	01:16:43	517m	13'29"/km
17.	131	00:04:58	01:21:41	337m	14'44"/km
18.	132	00:05:20	01:27:01	512m	10'25"/km
19.	141	00:03:00	01:30:01	259m	11'35"/km
20.	142	00:03:19	01:33:20	343m	9'40"/km
21.	999	00:01:00	01:34:20	134m	7'28"/km

Orienteering Software