



Ijzeren Paal

26.1.2025

Omega

Pim MEIJER

TROL

Course : H:02

Distance : 8700m

Time : 1:30:16 (10'23"/km)

35/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSSSEN	0:52:48

1.	140	00:07:14		525m	13'47"/km
2.	129	00:02:19	00:09:33	211m	10'59"/km
3.	127	00:07:06	00:16:39	686m	10'21"/km
4.	136	00:01:31	00:18:10	95m	15'58"/km
5.	126	00:04:01	00:22:11	226m	17'46"/km
6.	146	00:03:52	00:26:03	376m	10'17"/km
7.	124	00:04:27	00:30:30	533m	8'21"/km
8.	144	00:05:06	00:35:36	576m	8'51"/km
9.	134	00:10:46	00:46:22	1067m	10'05"/km
10.	120	00:01:49	00:48:11	120m	15'08"/km
11.	117	00:02:41	00:50:52	255m	10'31"/km
12.	116	00:04:45	00:55:37	399m	11'54"/km
13.	135	00:05:36	01:01:13	600m	9'20"/km
14.	119	00:01:57	01:03:10	218m	8'57"/km
15.	145	00:05:53	01:09:03	664m	8'52"/km
16.	138	00:06:25	01:15:28	517m	12'25"/km
17.	131	00:04:38	01:20:06	337m	13'45"/km
18.	132	00:04:43	01:24:49	512m	9'13"/km
19.	141	00:01:55	01:26:44	259m	7'24"/km
20.	142	00:02:47	01:29:31	343m	8'07"/km
21.	999	00:00:45	01:30:16	134m	5'36"/km

Orienteering Software