



Ijzeren Paal

26.1.2025

Omega

Lode MONDELAERS

Indiv.

Course : H:02

Distance : 8700m

Time : 1:17:36 (8'55"/km)

31/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSEN	0:52:48

1.	140	00:05:27		525m	10'23"/km
2.	129	00:01:38	00:07:05	211m	7'44"/km
3.	127	00:05:31	00:12:36	686m	8'03"/km
4.	136	00:00:50	00:13:26	95m	8'46"/km
5.	126	00:02:04	00:15:30	226m	9'09"/km
6.	146	00:03:11	00:18:41	376m	8'28"/km
7.	124	00:04:05	00:22:46	533m	7'40"/km
8.	144	00:06:34	00:29:20	576m	11'24"/km
9.	134	00:09:28	00:38:48	1067m	8'52"/km
10.	120	00:01:14	00:40:02	120m	10'17"/km
11.	117	00:01:55	00:41:57	255m	7'31"/km
12.	116	00:03:14	00:45:11	399m	8'06"/km
13.	135	00:06:23	00:51:34	600m	10'38"/km
14.	119	00:01:48	00:53:22	218m	8'15"/km
15.	145	00:05:34	00:58:56	664m	8'23"/km
16.	138	00:05:02	01:03:58	517m	9'44"/km
17.	131	00:03:05	01:07:03	337m	9'09"/km
18.	132	00:05:03	01:12:06	512m	9'52"/km
19.	141	00:01:56	01:14:02	259m	7'28"/km
20.	142	00:02:46	01:16:48	343m	8'04"/km
21.	999	00:00:48	01:17:36	134m	5'58"/km

Orienteering Software