



Ijzeren Paal

26.1.2025

Omega

**Thor DE MITS**

TROL

Strecke : H:02

Länge : 8700m

Zeit : 1:17:12 (8'52"/km)

**28/39**

O.K.

[Vollständige Ergebnisse auf Webres](#)

|                    |         |
|--------------------|---------|
| 1. Thomas JANSEN   | 0:48:37 |
| 2. Pjotr MERTENS   | 0:52:00 |
| 3. Winston FRANSEN | 0:52:48 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 140 | 00:05:49 |          | 525m  | 11'05"/km |
| 2.  | 129 | 00:01:39 | 00:07:28 | 211m  | 7'49"/km  |
| 3.  | 127 | 00:05:52 | 00:13:20 | 686m  | 8'33"/km  |
| 4.  | 136 | 00:00:45 | 00:14:05 | 95m   | 7'54"/km  |
| 5.  | 126 | 00:01:55 | 00:16:00 | 226m  | 8'29"/km  |
| 6.  | 146 | 00:03:29 | 00:19:29 | 376m  | 9'16"/km  |
| 7.  | 124 | 00:04:12 | 00:23:41 | 533m  | 7'53"/km  |
| 8.  | 144 | 00:04:06 | 00:27:47 | 576m  | 7'07"/km  |
| 9.  | 134 | 00:08:57 | 00:36:44 | 1067m | 8'23"/km  |
| 10. | 120 | 00:01:05 | 00:37:49 | 120m  | 9'02"/km  |
| 11. | 117 | 00:02:03 | 00:39:52 | 255m  | 8'02"/km  |
| 12. | 116 | 00:03:36 | 00:43:28 | 399m  | 9'01"/km  |
| 13. | 135 | 00:08:36 | 00:52:04 | 600m  | 14'20"/km |
| 14. | 119 | 00:01:31 | 00:53:35 | 218m  | 6'57"/km  |
| 15. | 145 | 00:04:54 | 00:58:29 | 664m  | 7'23"/km  |
| 16. | 138 | 00:06:44 | 01:05:13 | 517m  | 13'01"/km |
| 17. | 131 | 00:03:10 | 01:08:23 | 337m  | 9'24"/km  |
| 18. | 132 | 00:03:53 | 01:12:16 | 512m  | 7'35"/km  |
| 19. | 141 | 00:01:43 | 01:13:59 | 259m  | 6'38"/km  |
| 20. | 142 | 00:02:41 | 01:16:40 | 343m  | 7'49"/km  |
| 21. | 999 | 00:00:32 | 01:17:12 | 134m  | 3'59"/km  |

Orienteering Software