



Ijzeren Paal

26.1.2025

Omega

Bob DE CLERCQ

TROL

Course : H:02

Distance : 8700m

Time : 1:11:20 (8'12"/km)

21/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSEN	0:52:48

1.	140	00:04:31		525m	8'36"/km
2.	129	00:01:34	00:06:05	211m	7'25"/km
3.	127	00:05:05	00:11:10	686m	7'25"/km
4.	136	00:00:47	00:11:57	95m	8'15"/km
5.	126	00:01:52	00:13:49	226m	8'16"/km
6.	146	00:02:44	00:16:33	376m	7'16"/km
7.	124	00:03:47	00:20:20	533m	7'06"/km
8.	144	00:03:47	00:24:07	576m	6'34"/km
9.	134	00:07:38	00:31:45	1067m	7'09"/km
10.	120	00:02:02	00:33:47	120m	16'57"/km
11.	117	00:02:00	00:35:47	255m	7'51"/km
12.	116	00:03:22	00:39:09	399m	8'26"/km
13.	135	00:04:44	00:43:53	600m	7'53"/km
14.	119	00:01:34	00:45:27	218m	7'11"/km
15.	145	00:05:07	00:50:34	664m	7'42"/km
16.	138	00:07:59	00:58:33	517m	15'26"/km
17.	131	00:02:54	01:01:27	337m	8'36"/km
18.	132	00:04:17	01:05:44	512m	8'22"/km
19.	141	00:01:59	01:07:43	259m	7'39"/km
20.	142	00:02:50	01:10:33	343m	8'16"/km
21.	999	00:00:47	01:11:20	134m	5'51"/km

Orienteering Software