



Ijzeren Paal

26.1.2025

Omega

Peter VERNIERS

K.O.L.

Course : H:02

Distance : 8700m

Time : 1:08:44 (7'54"/km)

16/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSEN	0:52:48

1.	140	00:04:44		525m	9'01"/km
2.	129	00:01:28	00:06:12	211m	6'57"/km
3.	127	00:04:56	00:11:08	686m	7'11"/km
4.	136	00:00:57	00:12:05	95m	10'00"/km
5.	126	00:02:05	00:14:10	226m	9'13"/km
6.	146	00:02:33	00:16:43	376m	6'47"/km
7.	124	00:04:00	00:20:43	533m	7'30"/km
8.	144	00:04:04	00:24:47	576m	7'04"/km
9.	134	00:07:54	00:32:41	1067m	7'24"/km
10.	120	00:01:01	00:33:42	120m	8'28"/km
11.	117	00:01:57	00:35:39	255m	7'39"/km
12.	116	00:03:01	00:38:40	399m	7'34"/km
13.	135	00:04:53	00:43:33	600m	8'08"/km
14.	119	00:01:33	00:45:06	218m	7'07"/km
15.	145	00:05:07	00:50:13	664m	7'42"/km
16.	138	00:04:49	00:55:02	517m	9'19"/km
17.	131	00:03:08	00:58:10	337m	9'18"/km
18.	132	00:04:44	01:02:54	512m	9'15"/km
19.	141	00:02:12	01:05:06	259m	8'30"/km
20.	142	00:02:47	01:07:53	343m	8'07"/km
21.	999	00:00:51	01:08:44	134m	6'21"/km

Orienteering Software