



Ijzeren Paal

26.1.2025

Omega

Mechiel BELLEKOM

TROL

Circuit : H:02

Distance : 8700m

Temps : 1:07:51 (7'48"/km)

14/39

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Thomas JANSEN | 0:48:37 |
| 2. Pjotr MERTENS | 0:52:00 |
| 3. Winston FRANSEN | 0:52:48 |

1.	140	00:04:23		525m	8'21"/km
2.	129	00:01:34	00:05:57	211m	7'25"/km
3.	127	00:04:48	00:10:45	686m	7'00"/km
4.	136	00:00:58	00:11:43	95m	10'11"/km
5.	126	00:01:53	00:13:36	226m	8'20"/km
6.	146	00:02:49	00:16:25	376m	7'29"/km
7.	124	00:03:52	00:20:17	533m	7'15"/km
8.	144	00:03:38	00:23:55	576m	6'18"/km
9.	134	00:08:45	00:32:40	1067m	8'12"/km
10.	120	00:01:23	00:34:03	120m	11'32"/km
11.	117	00:03:00	00:37:03	255m	11'46"/km
12.	116	00:03:12	00:40:15	399m	8'01"/km
13.	135	00:04:42	00:44:57	600m	7'50"/km
14.	119	00:01:26	00:46:23	218m	6'34"/km
15.	145	00:04:39	00:51:02	664m	7'00"/km
16.	138	00:04:31	00:55:33	517m	8'44"/km
17.	131	00:02:56	00:58:29	337m	8'42"/km
18.	132	00:04:06	01:02:35	512m	8'00"/km
19.	141	00:02:03	01:04:38	259m	7'55"/km
20.	142	00:02:31	01:07:09	343m	7'20"/km
21.	999	00:00:42	01:07:51	134m	5'13"/km

Orienteering Software