



Ijzeren Paal

26.1.2025

Omega

Jelle BAKELANTS

Antwerp Orienteers

Course : H:02

Distance : 8700m

Time : 1:05:49 (7'34"/km)

13/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSEN	0:52:48

1.	140	00:04:00		525m	7'37"/km
2.	129	00:01:31	00:05:31	211m	7'11"/km
3.	127	00:04:48	00:10:19	686m	7'00"/km
4.	136	00:00:43	00:11:02	95m	7'33"/km
5.	126	00:02:03	00:13:05	226m	9'04"/km
6.	146	00:02:37	00:15:42	376m	6'58"/km
7.	124	00:03:50	00:19:32	533m	7'12"/km
8.	144	00:03:54	00:23:26	576m	6'46"/km
9.	134	00:08:46	00:32:12	1067m	8'13"/km
10.	120	00:01:13	00:33:25	120m	10'08"/km
11.	117	00:01:59	00:35:24	255m	7'47"/km
12.	116	00:03:20	00:38:44	399m	8'21"/km
13.	135	00:05:03	00:43:47	600m	8'25"/km
14.	119	00:01:37	00:45:24	218m	7'25"/km
15.	145	00:04:40	00:50:04	664m	7'02"/km
16.	138	00:03:54	00:53:58	517m	7'33"/km
17.	131	00:02:48	00:56:46	337m	8'19"/km
18.	132	00:03:56	01:00:42	512m	7'41"/km
19.	141	00:01:50	01:02:32	259m	7'05"/km
20.	142	00:02:37	01:05:09	343m	7'38"/km
21.	999	00:00:40	01:05:49	134m	4'59"/km

Orienteering Software