



Ijzeren Paal

26.1.2025

Omega

Marc MERTENS

hamok

Omloop : H:02

Afstand : 8700m

Tijd : 1:04:02 (7'22"/km)

11/39

O.K.

[Volledige uitslagen op Webres](#)

1. Thomas JANSEN	0:48:37
2. Piotr MERTENS	0:52:00
3. Winston FRANSEN	0:52:48

1.	140	00:04:05		525m	7'47"/km
2.	129	00:01:33	00:05:38	211m	7'21"/km
3.	127	00:04:21	00:09:59	686m	6'20"/km
4.	136	00:00:44	00:10:43	95m	7'43"/km
5.	126	00:02:02	00:12:45	226m	9'00"/km
6.	146	00:02:44	00:15:29	376m	7'16"/km
7.	124	00:03:34	00:19:03	533m	6'42"/km
8.	144	00:03:40	00:22:43	576m	6'22"/km
9.	134	00:07:41	00:30:24	1067m	7'12"/km
10.	120	00:01:05	00:31:29	120m	9'02"/km
11.	117	00:02:09	00:33:38	255m	8'26"/km
12.	116	00:03:09	00:36:47	399m	7'54"/km
13.	135	00:04:42	00:41:29	600m	7'50"/km
14.	119	00:01:28	00:42:57	218m	6'44"/km
15.	145	00:04:38	00:47:35	664m	6'59"/km
16.	138	00:03:55	00:51:30	517m	7'35"/km
17.	131	00:03:12	00:54:42	337m	9'30"/km
18.	132	00:03:56	00:58:38	512m	7'41"/km
19.	141	00:01:54	01:00:32	259m	7'20"/km
20.	142	00:02:48	01:03:20	343m	8'10"/km
21.	999	00:00:42	01:04:02	134m	5'13"/km

Orienteering Software