



Ijzeren Paal

26.1.2025

Omega

Guido LENGES

OLV Eifel

Omloop : H:02

Afstand : 8700m

Tijd : 0:54:27 (6'16"/km)

4/39

O.K.

[Volledige uitslagen op Webres](#)

1. Thomas JANSEN	0:48:37
2. Pjotr MERTENS	0:52:00
3. Winston FRANSSEN	0:52:48

1.	132	00:03:13		501m	6'25"/km
2.	140	00:01:27	00:04:40	143m	10'08"/km
3.	129	00:01:07	00:05:47	211m	5'18"/km
4.	127	00:03:43	00:09:30	686m	5'25"/km
5.	136	00:00:36	00:10:06	95m	6'19"/km
6.	126	00:01:33	00:11:39	226m	6'52"/km
7.	146	00:02:02	00:13:41	376m	5'24"/km
8.	124	00:02:49	00:16:30	533m	5'17"/km
9.	144	00:02:53	00:19:23	576m	5'00"/km
10.	134	00:06:24	00:25:47	1067m	6'00"/km
11.	120	00:01:57	00:27:44	120m	16'15"/km
12.	117	00:01:39	00:29:23	255m	6'28"/km
13.	116	00:02:27	00:31:50	399m	6'08"/km
14.	135	00:03:43	00:35:33	600m	6'12"/km
15.	119	00:01:13	00:36:46	218m	5'35"/km
16.	145	00:03:47	00:40:33	664m	5'42"/km
17.	138	00:04:13	00:44:46	517m	8'09"/km
18.	131	00:02:07	00:46:53	337m	6'17"/km
19.	132	00:03:22	00:50:15	512m	6'35"/km
20.	141	00:01:28	00:51:43	259m	5'40"/km
21.	142	00:02:04	00:53:47	343m	6'02"/km
22.	999	00:00:40	00:54:27	134m	4'59"/km

Orienteering Software