



Ijzeren Paal

26.1.2025

Omega

Winston FRANSSEN

TROL

Course : H:02

Distance : 8700m

Time : 0:52:48 (6'04"/km)

3/39

O.K.

[Full result on Webres](#)

1. Thomas JANSEN

0:48:37

2. Pjotr MERTENS

0:52:00

1.	140	00:03:26		525m	6'32"/km
2.	129	00:01:14	00:04:40	211m	5'51"/km
3.	127	00:03:51	00:08:31	686m	5'37"/km
4.	136	00:00:35	00:09:06	95m	6'08"/km
5.	126	00:01:26	00:10:32	226m	6'21"/km
6.	146	00:02:13	00:12:45	376m	5'54"/km
7.	124	00:02:56	00:15:41	533m	5'30"/km
8.	144	00:03:03	00:18:44	576m	5'18"/km
9.	134	00:06:35	00:25:19	1067m	6'10"/km
10.	120	00:00:53	00:26:12	120m	7'22"/km
11.	117	00:01:35	00:27:47	255m	6'13"/km
12.	116	00:02:31	00:30:18	399m	6'18"/km
13.	135	00:04:03	00:34:21	600m	6'45"/km
14.	119	00:01:16	00:35:37	218m	5'49"/km
15.	145	00:04:11	00:39:48	664m	6'18"/km
16.	138	00:03:28	00:43:16	517m	6'42"/km
17.	131	00:02:16	00:45:32	337m	6'44"/km
18.	132	00:03:01	00:48:33	512m	5'54"/km
19.	141	00:01:30	00:50:03	259m	5'47"/km
20.	142	00:02:08	00:52:11	343m	6'13"/km
21.	999	00:00:37	00:52:48	134m	4'36"/km

Orienteering Software