



Ijzeren Paal

26.1.2025

Omega

Jan-Gerard VAN DER TOORN

TROL

Circuit : H:01

Distance : 9710m

Temps : 1:22:57 (8'33"/km)

18/25

O.K.

[Résultats complets sur Webres](#)

1. Desmond FRANSSEN	0:50:15
2. Yannick MICHIELS	0:50:48
3. Nico CEUNEN	0:51:08

1.	111	00:05:14		866m	6'03"/km
2.	147	00:02:31	00:07:45	315m	7'59"/km
3.	113	00:01:25	00:09:10	208m	6'49"/km
4.	133	00:01:22	00:10:32	197m	6'56"/km
5.	114	00:09:59	00:20:31	207m	48'14"/km
6.	116	00:07:28	00:27:59	922m	8'06"/km
7.	145	00:01:52	00:29:51	202m	9'14"/km
8.	135	00:03:53	00:33:44	598m	6'30"/km
9.	119	00:01:29	00:35:13	218m	6'48"/km
10.	118	00:02:36	00:37:49	333m	7'48"/km
11.	117	00:02:30	00:40:19	374m	6'41"/km
12.	121	00:03:24	00:43:43	437m	7'47"/km
13.	134	00:01:45	00:45:28	230m	7'37"/km
14.	120	00:01:05	00:46:33	120m	9'02"/km
15.	122	00:03:39	00:50:12	512m	7'08"/km
16.	137	00:10:06	01:00:18	575m	17'34"/km
17.	124	00:03:23	01:03:41	570m	5'56"/km
18.	125	00:02:30	01:06:11	351m	7'07"/km
19.	136	00:03:25	01:09:36	466m	7'20"/km
20.	127	00:00:49	01:10:25	95m	8'36"/km
21.	131	00:02:09	01:12:34	314m	6'51"/km
22.	126	00:02:06	01:14:40	295m	7'07"/km
23.	129	00:02:48	01:17:28	467m	6'00"/km
24.	141	00:02:02	01:19:30	312m	6'31"/km
25.	112	00:01:13	01:20:43	168m	7'15"/km
26.	142	00:01:31	01:22:14	182m	8'20"/km
27.	999	00:00:43	01:22:57	134m	5'21"/km

Orienteering Software