



Ijzeren Paal

26.1.2025

Omega

Jens BERTELS

K.O.L.

Percorso : H:01

Distancia : 9710m

Tempo : 1:17:31 (7'59"/km)

14/25

O.K.

[Resultados completos em Webres](#)

1. Desmond FRANSSEN	0:50:15
2. Yannick MICHIELS	0:50:48
3. Nico CEUNEN	0:51:08

1.	111	00:05:46		866m	6'40"/km
2.	147	00:02:49	00:08:35	315m	8'57"/km
3.	113	00:02:37	00:11:12	208m	12'35"/km
4.	133	00:01:56	00:13:08	197m	9'49"/km
5.	114	00:02:26	00:15:34	207m	11'45"/km
6.	116	00:07:06	00:22:40	922m	7'42"/km
7.	145	00:03:56	00:26:36	202m	19'28"/km
8.	135	00:03:54	00:30:30	598m	6'31"/km
9.	119	00:01:29	00:31:59	218m	6'48"/km
10.	118	00:02:26	00:34:25	333m	7'18"/km
11.	117	00:02:34	00:36:59	374m	6'52"/km
12.	121	00:04:00	00:40:59	437m	9'09"/km
13.	134	00:02:04	00:43:03	230m	8'59"/km
14.	120	00:01:30	00:44:33	120m	12'30"/km
15.	122	00:03:45	00:48:18	512m	7'19"/km
16.	137	00:04:15	00:52:33	575m	7'23"/km
17.	124	00:03:34	00:56:07	570m	6'15"/km
18.	125	00:02:28	00:58:35	351m	7'02"/km
19.	136	00:03:20	01:01:55	466m	7'09"/km
20.	127	00:01:01	01:02:56	95m	10'42"/km
21.	131	00:02:29	01:05:25	314m	7'55"/km
22.	126	00:02:29	01:07:54	295m	8'25"/km
23.	129	00:03:26	01:11:20	467m	7'21"/km
24.	141	00:02:16	01:13:36	312m	7'16"/km
25.	112	00:01:37	01:15:13	168m	9'37"/km
26.	142	00:01:32	01:16:45	182m	8'25"/km
27.	999	00:00:46	01:17:31	134m	5'43"/km

Orienteering Software