



Ijzeren Paal

26.1.2025

Omega

Rob VRANKEN

hamok

Strecke : H:01

Länge : 9710m

Zeit : 1:15:00 (7'43"/km)

12/25

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Desmond FRANSSEN	0:50:15
2. Yannick MICHIELS	0:50:48
3. Nico CEUNEN	0:51:08

1.	111	00:08:08		866m	9'24"/km
2.	147	00:02:22	00:10:30	315m	7'31"/km
3.	113	00:01:26	00:11:56	208m	6'53"/km
4.	133	00:01:30	00:13:26	197m	7'37"/km
5.	114	00:01:36	00:15:02	207m	7'44"/km
6.	116	00:07:05	00:22:07	922m	7'41"/km
7.	145	00:01:38	00:23:45	202m	8'05"/km
8.	135	00:03:56	00:27:41	598m	6'35"/km
9.	119	00:02:11	00:29:52	218m	10'01"/km
10.	118	00:02:12	00:32:04	333m	6'36"/km
11.	117	00:02:30	00:34:34	374m	6'41"/km
12.	121	00:03:26	00:38:00	437m	7'51"/km
13.	134	00:01:51	00:39:51	230m	8'03"/km
14.	120	00:01:03	00:40:54	120m	8'45"/km
15.	122	00:04:12	00:45:06	512m	8'12"/km
16.	137	00:04:21	00:49:27	575m	7'34"/km
17.	124	00:03:48	00:53:15	570m	6'40"/km
18.	125	00:04:18	00:57:33	351m	12'15"/km
19.	136	00:03:24	01:00:57	466m	7'18"/km
20.	127	00:01:00	01:01:57	95m	10'32"/km
21.	131	00:02:41	01:04:38	314m	8'33"/km
22.	126	00:02:12	01:06:50	295m	7'27"/km
23.	129	00:03:06	01:09:56	467m	6'38"/km
24.	141	00:01:59	01:11:55	312m	6'21"/km
25.	112	00:01:09	01:13:04	168m	6'51"/km
26.	142	00:01:19	01:14:23	182m	7'14"/km
27.	999	00:00:37	01:15:00	134m	4'36"/km

Orienteering Software