



Ijzeren Paal

26.1.2025

Omega

Mats DE SMUL

Omega

Course : H:01

Distance : 9710m

Time : 0:54:29 (5'37"/km)

5/25

O.K.

[Full result on Webres](#)

1. Desmond FRANSSEN	0:50:15
2. Yannick MICHIELS	0:50:48
3. Nico CEUNEN	0:51:08

1.	111	00:04:50		866m	5'35"/km
2.	147	00:01:45	00:06:35	315m	5'33"/km
3.	113	00:01:11	00:07:46	208m	5'41"/km
4.	133	00:01:07	00:08:53	197m	5'40"/km
5.	114	00:01:26	00:10:19	207m	6'55"/km
6.	116	00:05:09	00:15:28	922m	5'35"/km
7.	145	00:01:21	00:16:49	202m	6'41"/km
8.	135	00:03:05	00:19:54	598m	5'09"/km
9.	119	00:01:07	00:21:01	218m	5'07"/km
10.	118	00:01:49	00:22:50	333m	5'27"/km
11.	117	00:02:00	00:24:50	374m	5'21"/km
12.	121	00:02:36	00:27:26	437m	5'57"/km
13.	134	00:01:22	00:28:48	230m	5'57"/km
14.	120	00:00:53	00:29:41	120m	7'22"/km
15.	122	00:02:57	00:32:38	512m	5'46"/km
16.	137	00:03:06	00:35:44	575m	5'23"/km
17.	124	00:03:01	00:38:45	570m	5'18"/km
18.	125	00:02:00	00:40:45	351m	5'42"/km
19.	136	00:02:49	00:43:34	466m	6'03"/km
20.	127	00:00:34	00:44:08	95m	5'58"/km
21.	131	00:01:49	00:45:57	314m	5'47"/km
22.	126	00:01:46	00:47:43	295m	5'59"/km
23.	129	00:02:23	00:50:06	467m	5'06"/km
24.	141	00:01:42	00:51:48	312m	5'27"/km
25.	112	00:00:55	00:52:43	168m	5'27"/km
26.	142	00:01:03	00:53:46	182m	5'46"/km
27.	999	00:00:43	00:54:29	134m	5'21"/km

Orienteering Software