



Ijzeren Paal

26.1.2025

Omega

Desmond FRANSSEN

TROL

Course : H:01

Distance : 9710m

Time : 0:50:15 (5'11"/km)

1/25

O.K.

[Full result on Webres](#)

2. Yannick MICHIELS

0:50:48

3. Nico CEUNEN

0:51:08

1.	111	00:04:11		866m	4'50"/km
2.	147	00:01:38	00:05:49	315m	5'11"/km
3.	113	00:01:05	00:06:54	208m	5'12"/km
4.	133	00:01:03	00:07:57	197m	5'20"/km
5.	114	00:01:25	00:09:22	207m	6'51"/km
6.	116	00:05:01	00:14:23	922m	5'26"/km
7.	145	00:01:22	00:15:45	202m	6'46"/km
8.	135	00:02:58	00:18:43	598m	4'58"/km
9.	119	00:01:06	00:19:49	218m	5'03"/km
10.	118	00:01:38	00:21:27	333m	4'54"/km
11.	117	00:01:53	00:23:20	374m	5'02"/km
12.	121	00:02:16	00:25:36	437m	5'11"/km
13.	134	00:01:22	00:26:58	230m	5'57"/km
14.	120	00:00:49	00:27:47	120m	6'48"/km
15.	122	00:02:43	00:30:30	512m	5'18"/km
16.	137	00:02:53	00:33:23	575m	5'01"/km
17.	124	00:02:38	00:36:01	570m	4'37"/km
18.	125	00:01:49	00:37:50	351m	5'11"/km
19.	136	00:02:35	00:40:25	466m	5'33"/km
20.	127	00:00:33	00:40:58	95m	5'47"/km
21.	131	00:01:36	00:42:34	314m	5'06"/km
22.	126	00:01:38	00:44:12	295m	5'32"/km
23.	129	00:02:09	00:46:21	467m	4'36"/km
24.	141	00:01:34	00:47:55	312m	5'01"/km
25.	112	00:00:54	00:48:49	168m	5'21"/km
26.	142	00:00:56	00:49:45	182m	5'08"/km
27.	999	00:00:30	00:50:15	134m	3'44"/km

Orienteering Software