



Ijzeren Paal

26.1.2025

Omega

Danielle NOLENS

hamok

Course : D:06

Distance : 3270m

Time : 1:09:30 (21'15"/km)

10/13

O.K.

[Full result on Webres](#)

1. Odette MORET	0:37:02
2. Noor TALLOEN	0:38:29
3. Paulette BLOMMEN	0:42:55

1.	112	00:08:08		339m	24'00"/km
2.	141	00:03:26	00:11:34	168m	20'26"/km
3.	132	00:04:20	00:15:54	259m	16'44"/km
4.	131	00:09:17	00:25:11	512m	18'08"/km
5.	127	00:06:57	00:32:08	314m	22'08"/km
6.	126	00:06:14	00:38:22	307m	20'18"/km
7.	128	00:06:17	00:44:39	308m	20'24"/km
8.	129	00:03:47	00:48:26	185m	20'27"/km
9.	140	00:08:26	00:56:52	211m	39'58"/km
10.	142	00:11:11	01:08:03	489m	22'52"/km
11.	999	00:01:27	01:09:30	134m	10'49"/km

HELGA

Orienteering Software