



Ijzeren Paal

26.1.2025

Omega

Lieve FEYS

Omega

Course : D:06

Distance : 3270m

Time : 1:04:47 (19'49"/km)

7/13

O.K.

[Full result on Webres](#)

1. Odette MORET	0:37:02
2. Noor TALLOEN	0:38:29
3. Paulette BLOMMEN	0:42:55

1.	112	00:05:29		339m	16'11"/km
2.	141	00:02:43	00:08:12	168m	16'10"/km
3.	132	00:05:32	00:13:44	259m	21'22"/km
4.	131	00:09:19	00:23:03	512m	18'12"/km
5.	127	00:07:25	00:30:28	314m	23'37"/km
6.	126	00:06:43	00:37:11	307m	21'53"/km
7.	128	00:04:51	00:42:02	308m	15'45"/km
8.	129	00:03:39	00:45:41	185m	19'44"/km
9.	140	00:04:05	00:49:46	211m	19'21"/km
10.	142	00:13:22	01:03:08	489m	27'20"/km
11.	999	00:01:39	01:04:47	134m	12'19"/km

HELGA

Orienteering Software