



Ijzeren Paal

26.1.2025

Omega

Godelieve BRUYNSEELS

hamok

Percorso : D:05

Distancia : 3980m

Tempo : 1:10:00 (17'35"/km)

8/10

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------|---------|
| 1. Els PUT | 0:39:24 |
| 2. Betty DE MEYER | 0:43:12 |
| 3. Leen WOUTERS | 0:47:36 |

1.	139	00:03:55		273m	14'21"/km
2.	112	00:06:23	00:10:18	401m	15'55"/km
3.	141	00:02:42	00:13:00	168m	16'04"/km
4.	129	00:04:06	00:17:06	312m	13'08"/km
5.	128	00:03:29	00:20:35	185m	18'50"/km
6.	127	00:09:54	00:30:29	501m	19'46"/km
7.	136	00:01:34	00:32:03	95m	16'29"/km
8.	126	00:04:09	00:36:12	226m	18'22"/km
9.	131	00:07:36	00:43:48	295m	25'46"/km
10.	138	00:06:24	00:50:12	337m	18'59"/km
11.	140	00:06:19	00:56:31	451m	14'00"/km
12.	132	00:03:34	01:00:05	143m	24'57"/km
13.	142	00:08:37	01:08:42	417m	20'40"/km
14.	999	00:01:18	01:10:00	134m	9'42"/km

HELGA

Orienteering Software