



Ijzeren Paal

26.1.2025

Omega

Hilde VERCAEREN

K.O.L.

Omloop : D:05

Afstand : 3980m

Tijd : 0:50:11 (12'37"/km)

4/10

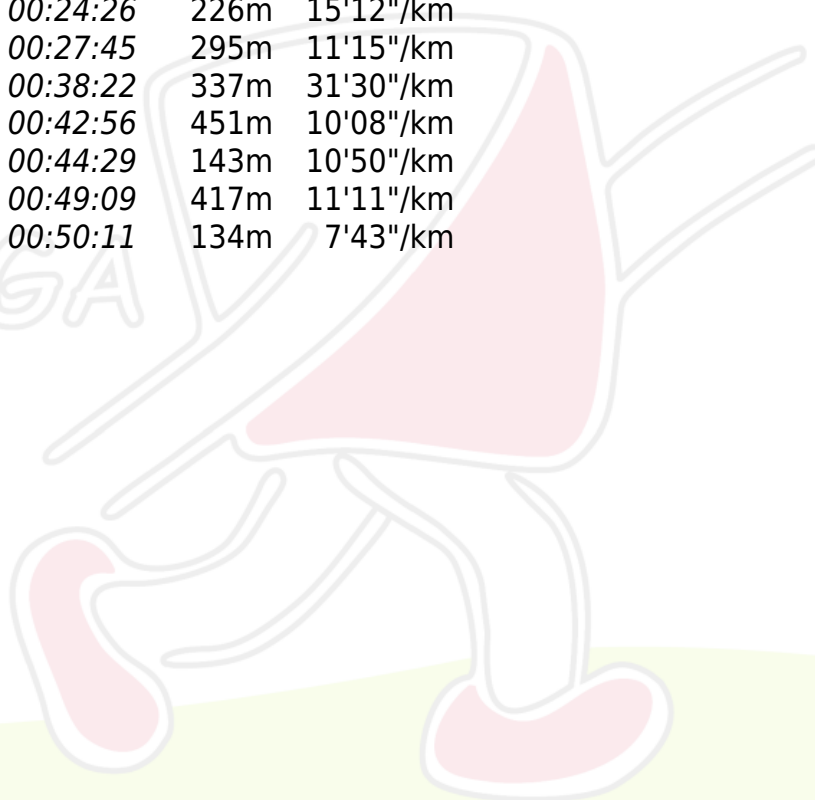
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Els PUT | 0:39:24 |
| 2. Betty DE MEYER | 0:43:12 |
| 3. Leen WOUTERS | 0:47:36 |

1.	139	00:02:53		273m	10'34"/km
2.	112	00:04:32	00:07:25	401m	11'18"/km
3.	141	00:01:56	00:09:21	168m	11'30"/km
4.	129	00:03:15	00:12:36	312m	10'25"/km
5.	128	00:01:58	00:14:34	185m	10'38"/km
6.	127	00:05:26	00:20:00	501m	10'51"/km
7.	136	00:01:00	00:21:00	95m	10'32"/km
8.	126	00:03:26	00:24:26	226m	15'12"/km
9.	131	00:03:19	00:27:45	295m	11'15"/km
10.	138	00:10:37	00:38:22	337m	31'30"/km
11.	140	00:04:34	00:42:56	451m	10'08"/km
12.	132	00:01:33	00:44:29	143m	10'50"/km
13.	142	00:04:40	00:49:09	417m	11'11"/km
14.	999	00:01:02	00:50:11	134m	7'43"/km

HELGA



Orienteering Software