



Ijzeren Paal
26.1.2025
Omega

Betty DE MEYER

TROL

Course : D:05

Distance : 3980m

Time : 0:43:12 (10'51"/km)

2/10

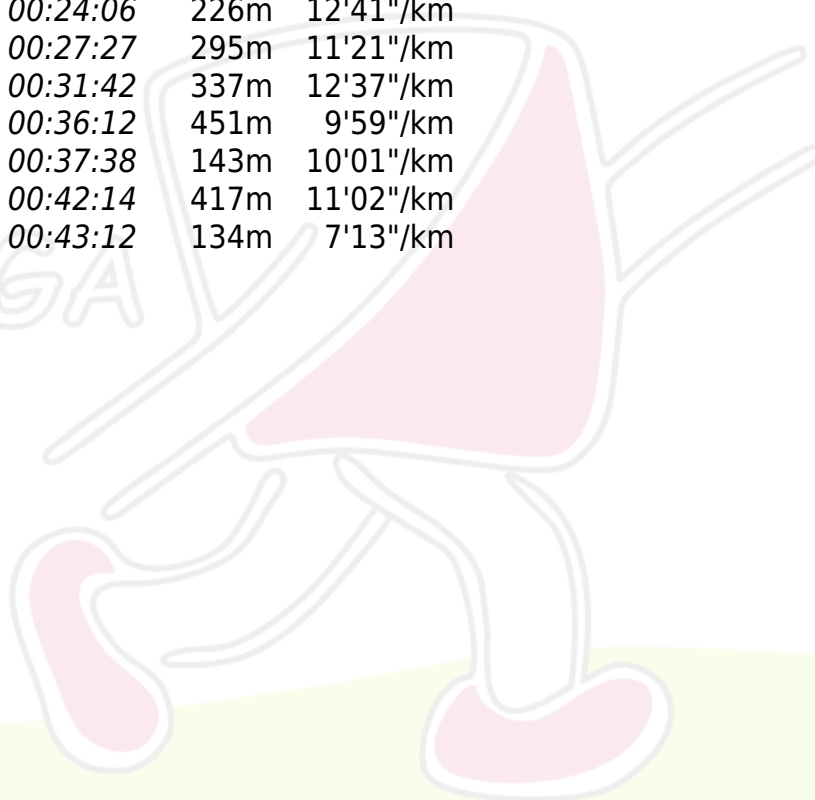
O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Els PUT | 0:39:24 |
| 3. Leen WOUTERS | 0:47:36 |

1.	139	00:02:29		273m	9'06"/km
2.	112	00:04:18	00:06:47	401m	10'43"/km
3.	141	00:02:41	00:09:28	168m	15'58"/km
4.	129	00:02:59	00:12:27	312m	9'34"/km
5.	128	00:02:34	00:15:01	185m	13'52"/km
6.	127	00:05:12	00:20:13	501m	10'23"/km
7.	136	00:01:01	00:21:14	95m	10'42"/km
8.	126	00:02:52	00:24:06	226m	12'41"/km
9.	131	00:03:21	00:27:27	295m	11'21"/km
10.	138	00:04:15	00:31:42	337m	12'37"/km
11.	140	00:04:30	00:36:12	451m	9'59"/km
12.	132	00:01:26	00:37:38	143m	10'01"/km
13.	142	00:04:36	00:42:14	417m	11'02"/km
14.	999	00:00:58	00:43:12	134m	7'13"/km

HELGA



Orienteering Software