



Ijzeren Paal
26.1.2025
Omega

Anja POTVIN

K.O.L.

Course : D:04

Distance : 4960m

Time : 1:31:34 (18'28"/km)

13/14

O.K.

[Full result on Webres](#)

1. Annemie JANSEN	0:51:21
2. Masja VAN DE VEN	0:54:42
3. Shanah BRACONIER	0:56:46

1.	139	00:04:07		273m	15'05"/km
2.	143	00:05:07	00:09:14	257m	19'55"/km
3.	111	00:07:13	00:16:27	481m	15'00"/km
4.	147	00:05:21	00:21:48	315m	16'59"/km
5.	133	00:04:43	00:26:31	276m	17'05"/km
6.	114	00:04:46	00:31:17	207m	23'02"/km
7.	113	00:06:42	00:37:59	273m	24'33"/km
8.	123	00:07:23	00:45:22	281m	26'17"/km
9.	115	00:01:33	00:46:55	95m	16'19"/km
10.	144	00:09:03	00:55:58	584m	15'30"/km
11.	127	00:03:43	00:59:41	212m	17'32"/km
12.	136	00:01:33	01:01:14	95m	16'19"/km
13.	131	00:04:16	01:05:30	317m	13'28"/km
14.	128	00:04:30	01:10:00	237m	18'59"/km
15.	129	00:02:57	01:12:57	185m	15'57"/km
16.	140	00:04:06	01:17:03	211m	19'26"/km
17.	142	00:12:44	01:29:47	489m	26'02"/km
18.	999	00:01:47	01:31:34	134m	13'19"/km

Orienteering Software