



Ijzeren Paal

26.1.2025

Omega

**Marcia BRONCKAERS**

K.O.L.

Circuit : D:04

Distance : 4960m

Temps : 1:24:42 (17'05"/km)

**12/14**

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Annemie JANSEN   | 0:51:21 |
| 2. Masja VAN DE VEN | 0:54:42 |
| 3. Shanah BRACONIER | 0:56:46 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 139 | 00:04:12 |          | 273m | 15'23"/km |
| 2.  | 143 | 00:05:11 | 00:09:23 | 257m | 20'10"/km |
| 3.  | 111 | 00:08:24 | 00:17:47 | 481m | 17'28"/km |
| 4.  | 147 | 00:05:30 | 00:23:17 | 315m | 17'28"/km |
| 5.  | 133 | 00:04:33 | 00:27:50 | 276m | 16'29"/km |
| 6.  | 114 | 00:05:09 | 00:32:59 | 207m | 24'53"/km |
| 7.  | 113 | 00:05:37 | 00:38:36 | 273m | 20'34"/km |
| 8.  | 123 | 00:03:49 | 00:42:25 | 281m | 13'35"/km |
| 9.  | 115 | 00:01:48 | 00:44:13 | 95m  | 18'57"/km |
| 10. | 144 | 00:10:10 | 00:54:23 | 584m | 17'25"/km |
| 11. | 127 | 00:03:20 | 00:57:43 | 212m | 15'43"/km |
| 12. | 136 | 00:01:24 | 00:59:07 | 95m  | 14'44"/km |
| 13. | 131 | 00:04:52 | 01:03:59 | 317m | 15'21"/km |
| 14. | 128 | 00:03:31 | 01:07:30 | 237m | 14'50"/km |
| 15. | 129 | 00:02:30 | 01:10:00 | 185m | 13'31"/km |
| 16. | 140 | 00:02:53 | 01:12:53 | 211m | 13'40"/km |
| 17. | 142 | 00:10:13 | 01:23:06 | 489m | 20'54"/km |
| 18. | 999 | 00:01:36 | 01:24:42 | 134m | 11'56"/km |

Orienteering Software