



Ijzeren Paal

26.1.2025

Omega

Ellen DESCHEPPER

TROL

Course : D:03

Distance : 6630m

Time : 1:28:03 (13'17"/km)

16/17

O.K.

[Full result on Webres](#)

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| 1. An NUYTS | 0:53:03 |
| 2. Lieve MOELANS | 0:55:16 |
| 3. Ellen MOLS | 0:55:30 |

1.	132	00:05:29		501m	10'57"/km
2.	128	00:04:02	00:09:31	310m	13'01"/km
3.	126	00:04:20	00:13:51	308m	14'04"/km
4.	136	00:03:22	00:17:13	226m	14'54"/km
5.	127	00:01:55	00:19:08	95m	20'11"/km
6.	145	00:09:33	00:28:41	602m	15'52"/km
7.	130	00:02:27	00:31:08	192m	12'46"/km
8.	116	00:02:59	00:34:07	203m	14'42"/km
9.	121	00:07:04	00:41:11	584m	12'06"/km
10.	134	00:03:15	00:44:26	230m	14'08"/km
11.	120	00:02:13	00:46:39	120m	18'28"/km
12.	117	00:03:31	00:50:10	255m	13'47"/km
13.	122	00:06:43	00:56:53	557m	12'04"/km
14.	144	00:09:11	01:06:04	685m	13'24"/km
15.	131	00:03:46	01:09:50	274m	13'45"/km
16.	140	00:05:39	01:15:29	445m	12'42"/km
17.	129	00:02:43	01:18:12	211m	12'53"/km
18.	141	00:04:09	01:22:21	312m	13'18"/km
19.	142	00:04:37	01:26:58	343m	13'28"/km
20.	999	00:01:00	01:27:58	134m	7'28"/km

Orienteering Software