



Ijzeren Paal

26.1.2025

Omega

Flore TOELEN

K.O.L.

Course : D:03

Distance : 6630m

Time : 1:03:36 (9'36"/km)

6/17

O.K.

[Full result on Webres](#)

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|------------------|---------|
| 1. An NUYTS | 0:53:03 |
| 2. Lieve MOELANS | 0:55:16 |
| 3. Ellen MOLS | 0:55:30 |

1.	132	00:05:19		501m	10'37"/km
2.	128	00:02:46	00:08:05	310m	8'55"/km
3.	126	00:02:42	00:10:47	308m	8'46"/km
4.	136	00:02:03	00:12:50	226m	9'04"/km
5.	127	00:01:02	00:13:52	95m	10'53"/km
6.	145	00:07:15	00:21:07	602m	12'03"/km
7.	130	00:01:54	00:23:01	192m	9'54"/km
8.	116	00:02:07	00:25:08	203m	10'26"/km
9.	121	00:05:35	00:30:43	584m	9'34"/km
10.	134	00:02:30	00:33:13	230m	10'52"/km
11.	120	00:01:27	00:34:40	120m	12'05"/km
12.	117	00:02:34	00:37:14	255m	10'04"/km
13.	122	00:04:34	00:41:48	557m	8'12"/km
14.	144	00:06:30	00:48:18	685m	9'29"/km
15.	131	00:02:26	00:50:44	274m	8'53"/km
16.	140	00:04:06	00:54:50	445m	9'13"/km
17.	129	00:01:56	00:56:46	211m	9'10"/km
18.	141	00:02:54	00:59:40	312m	9'18"/km
19.	142	00:03:13	01:02:53	343m	9'23"/km
20.	999	00:00:43	01:03:36	134m	5'21"/km

Orienteering Software