



Ijzeren Paal

26.1.2025

Omega

Ellen BOURGONJON

TROL

Percorso : D:03

Distancia : 6630m

Tempo : 1:01:14 (9'14"/km)

4/17

O.K.

[Resultados completos em Webres](#)

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|------------------|---------|
| 1. An NUYTS | 0:53:03 |
| 2. Lieve MOELANS | 0:55:16 |
| 3. Ellen MOLS | 0:55:30 |

1.	132	00:05:57		501m	11'53"/km
2.	128	00:02:40	00:08:37	310m	8'36"/km
3.	126	00:02:30	00:11:07	308m	8'07"/km
4.	136	00:01:51	00:12:58	226m	8'11"/km
5.	127	00:01:00	00:13:58	95m	10'32"/km
6.	145	00:05:41	00:19:39	602m	9'26"/km
7.	130	00:01:30	00:21:09	192m	7'49"/km
8.	116	00:01:49	00:22:58	203m	8'57"/km
9.	121	00:05:48	00:28:46	584m	9'56"/km
10.	134	00:02:16	00:31:02	230m	9'51"/km
11.	120	00:01:30	00:32:32	120m	12'30"/km
12.	117	00:02:10	00:34:42	255m	8'30"/km
13.	122	00:05:00	00:39:42	557m	8'59"/km
14.	144	00:06:19	00:46:01	685m	9'13"/km
15.	131	00:02:52	00:48:53	274m	10'28"/km
16.	140	00:04:03	00:52:56	445m	9'06"/km
17.	129	00:01:41	00:54:37	211m	7'59"/km
18.	141	00:02:50	00:57:27	312m	9'05"/km
19.	142	00:02:56	01:00:23	343m	8'33"/km
20.	999	00:00:51	01:01:14	134m	6'21"/km

Orienteering Software