



Ijzeren Paal

26.1.2025

Omega

Ellen MOLS

hamok

Percorso : D:03

Distancia : 6630m

Tempo : 0:55:30 (8'22"/km)

3/17

O.K.

[Resultados completos em Webres](#)

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|------------------|---------|
| 1. An NUYTS | 0:53:03 |
| 2. Lieve MOELANS | 0:55:16 |

1.	132	00:04:17		501m	8'33"/km
2.	128	00:02:33	00:06:50	310m	8'14"/km
3.	126	00:02:29	00:09:19	308m	8'04"/km
4.	136	00:01:57	00:11:16	226m	8'38"/km
5.	127	00:00:55	00:12:11	95m	9'39"/km
6.	145	00:04:44	00:16:55	602m	7'52"/km
7.	130	00:01:30	00:18:25	192m	7'49"/km
8.	116	00:02:10	00:20:35	203m	10'40"/km
9.	121	00:04:27	00:25:02	584m	7'37"/km
10.	134	00:02:19	00:27:21	230m	10'04"/km
11.	120	00:01:40	00:29:01	120m	13'53"/km
12.	117	00:02:06	00:31:07	255m	8'14"/km
13.	122	00:04:23	00:35:30	557m	7'52"/km
14.	144	00:05:28	00:40:58	685m	7'59"/km
15.	131	00:02:29	00:43:27	274m	9'04"/km
16.	140	00:03:44	00:47:11	445m	8'23"/km
17.	129	00:01:48	00:48:59	211m	8'32"/km
18.	141	00:02:32	00:51:31	312m	8'07"/km
19.	142	00:03:09	00:54:40	343m	9'11"/km
20.	999	00:00:50	00:55:30	134m	6'13"/km

Orienteering Software