



Ijzeren Paal

26.1.2025

Omega

Elina BOUWENS

TROL

Percursus : D:02

Distancia : 8700m

Tempo : 1:21:08 (9'20"/km)

8/13

O.K.

[Resultados completos em Webres](#)

1. Anna SERRALLONGA	0:55:04
2. Greet OEYEN	1:03:19
3. Kim TIREZ	1:09:33

1.	140	00:05:34		525m	10'36"/km
2.	129	00:01:46	00:07:20	211m	8'22"/km
3.	127	00:06:12	00:13:32	686m	9'02"/km
4.	136	00:00:59	00:14:31	95m	10'21"/km
5.	126	00:02:06	00:16:37	226m	9'18"/km
6.	146	00:03:09	00:19:46	376m	8'23"/km
7.	124	00:04:19	00:24:05	533m	8'06"/km
8.	144	00:04:10	00:28:15	576m	7'14"/km
9.	134	00:09:20	00:37:35	1067m	8'45"/km
10.	120	00:01:14	00:38:49	120m	10'17"/km
11.	117	00:02:03	00:40:52	255m	8'02"/km
12.	116	00:03:25	00:44:17	399m	8'34"/km
13.	135	00:05:35	00:49:52	600m	9'18"/km
14.	119	00:01:40	00:51:32	218m	7'39"/km
15.	145	00:05:01	00:56:33	664m	7'33"/km
16.	138	00:11:25	01:07:58	517m	22'05"/km
17.	131	00:03:22	01:11:20	337m	9'59"/km
18.	132	00:04:38	01:15:58	512m	9'03"/km
19.	141	00:01:59	01:17:57	259m	7'39"/km
20.	142	00:02:37	01:20:34	343m	7'38"/km
21.	999	00:00:34	01:21:08	134m	4'14"/km

Orienteering Software