



Ijzeren Paal

26.1.2025

Omega

Joke ZOONS

hamok

Course : D:02

Distance : 8700m

Time : 1:10:42 (8'08"/km)

5/13

O.K.

[Full result on Webres](#)

1. Anna SERRALLONGA	0:55:04
2. Greet OEYEN	1:03:19
3. Kim TIREZ	1:09:33

1.	140	00:06:08		525m	11'41"/km
2.	129	00:01:41	00:07:49	211m	7'59"/km
3.	127	00:05:07	00:12:56	686m	7'28"/km
4.	136	00:00:47	00:13:43	95m	8'15"/km
5.	126	00:02:02	00:15:45	226m	9'00"/km
6.	146	00:02:49	00:18:34	376m	7'29"/km
7.	124	00:03:46	00:22:20	533m	7'04"/km
8.	144	00:03:47	00:26:07	576m	6'34"/km
9.	134	00:08:24	00:34:31	1067m	7'52"/km
10.	120	00:01:24	00:35:55	120m	11'40"/km
11.	117	00:02:05	00:38:00	255m	8'10"/km
12.	116	00:02:51	00:40:51	399m	7'09"/km
13.	135	00:05:58	00:46:49	600m	9'57"/km
14.	119	00:01:27	00:48:16	218m	6'39"/km
15.	145	00:05:27	00:53:43	664m	8'12"/km
16.	138	00:05:20	00:59:03	517m	10'19"/km
17.	131	00:02:44	01:01:47	337m	8'07"/km
18.	132	00:03:31	01:05:18	512m	6'52"/km
19.	141	00:01:49	01:07:07	259m	7'01"/km
20.	142	00:02:56	01:10:03	343m	8'33"/km
21.	999	00:00:39	01:10:42	134m	4'51"/km

Orienteering Software