



Ijzeren Paal

26.1.2025

Omega

Kim TIREZ

Omega

Course : D:02

Distance : 8700m

Time : 1:09:33 (8'00"/km)

3/13

O.K.

[Full result on Webres](#)

1. Anna SERRALLONGA

0:55:04

2. Greet OEYEN

1:03:19

1.	140	00:04:56		525m	9'24"/km
2.	129	00:01:45	00:06:41	211m	8'18"/km
3.	127	00:05:16	00:11:57	686m	7'41"/km
4.	136	00:00:50	00:12:47	95m	8'46"/km
5.	126	00:01:52	00:14:39	226m	8'16"/km
6.	146	00:03:07	00:17:46	376m	8'17"/km
7.	124	00:03:53	00:21:39	533m	7'17"/km
8.	144	00:04:06	00:25:45	576m	7'07"/km
9.	134	00:08:16	00:34:01	1067m	7'45"/km
10.	120	00:01:10	00:35:11	120m	9'43"/km
11.	117	00:01:58	00:37:09	255m	7'43"/km
12.	116	00:03:16	00:40:25	399m	8'11"/km
13.	135	00:05:21	00:45:46	600m	8'55"/km
14.	119	00:01:33	00:47:19	218m	7'07"/km
15.	145	00:05:13	00:52:32	664m	7'51"/km
16.	138	00:04:10	00:56:42	517m	8'04"/km
17.	131	00:03:01	00:59:43	337m	8'57"/km
18.	132	00:04:04	01:03:47	512m	7'57"/km
19.	141	00:02:08	01:05:55	259m	8'14"/km
20.	142	00:02:50	01:08:45	343m	8'16"/km
21.	999	00:00:48	01:09:33	134m	5'58"/km

Orienteering Software