



Training Volmersberg

St.Vith 25.1.2025

O.L.G. St. Vith ARDOC

Nicole GOENEN - ARENS

O.L.G. St. Vith ARDOC

Strecke : C Blau kurz

Länge : 3600m

Zeit : 1:30:03 (25'01"/km)

4/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Christian KRINGS	0:52:58
2. Gabriel HOCK	1:18:33
3. Celina HENKES	1:29:54

1.	201	00:06:13		180m	34'32"/km
2.	202	00:08:31	00:14:44	205m	41'33"/km
3.	203	00:03:33	00:18:17	105m	33'49"/km
4.	204	00:06:53	00:25:10	179m	38'27"/km
5.	205	00:05:58	00:31:08	356m	16'46"/km
6.	206	00:06:04	00:37:12	196m	30'57"/km
7.	208	00:05:09	00:42:21	355m	14'30"/km
8.	209	00:06:43	00:49:04	194m	34'37"/km
9.	210	00:05:17	00:54:21	289m	18'17"/km
10.	211	00:04:57	00:59:18	218m	22'42"/km
11.	212	00:08:55	01:08:13	265m	33'39"/km
12.	213	00:02:22	01:10:35	119m	19'53"/km
13.	214	00:09:29	01:20:04	403m	23'32"/km
14.	215	00:04:46	01:24:50	190m	25'05"/km
15.	207	00:04:15	01:29:05	264m	16'06"/km
16.	999	00:00:58	01:30:03	68m	14'13"/km

Orienteering Software