



Training Volmersberg

St.Vith 25.1.2025

O.L.G. St. Vith ARDOC

Guido LENGES

O.L.V. Eifel

Omloop : A schwarz lang

Afstand : 5900m

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niet geklasseerd

[Volledige uitslagen op Webres](#)

- | | |
|-----------------|---------|
| 1. Luca LENGES | 0:52:51 |
| 2. Thomas BREDO | 0:55:58 |
| 3. Michael HOCK | 1:03:03 |

1.	203	00:01:24		316m	4'26"/km
2.	202	00:01:07	00:02:31	105m	10'38"/km
3.	216	00:00:55	00:03:26	189m	4'51"/km
4.	217	00:01:26	00:04:52	141m	10'10"/km
5.	218	00:01:28	00:06:20	192m	7'38"/km
6.	221	00:00:40	00:07:00		
7.	220	00:01:01	00:08:01	120m	8'28"/km
8.	219	00:01:14	00:09:15	67m	18'24"/km
9.	220	00:00:22	00:09:37	67m	5'28"/km
10.	221	00:01:40	00:11:17	120m	13'53"/km
11.	222	00:01:35	00:12:52	97m	16'19"/km
12.	223	00:01:46	00:14:38	261m	6'46"/km
13.	203	00:02:00	00:16:38	310m	6'27"/km
14.	201	00:03:45	00:20:23	268m	14'00"/km
15.	205	00:03:19	00:23:42	489m	6'47"/km
16.	212	00:03:00	00:26:42	384m	7'49"/km
17.	208	00:00:53	00:27:35	154m	5'44"/km
18.	210	00:02:59	00:30:34	264m	11'18"/km
19.	211	00:01:04	00:31:38	218m	4'54"/km
20.	225	00:01:28	00:33:06	201m	7'18"/km
21.	209	00:01:07	00:34:13	138m	8'06"/km
22.	213	00:02:12	00:36:25	365m	6'02"/km
23.	224	00:02:09	00:38:34	377m	5'42"/km
24.	201	00:03:01	00:41:35		
25.	214	00:01:37	00:43:12	285m	5'40"/km
26.	207	00:01:49	00:45:01	272m	6'41"/km
27.	999	00:00:39	00:45:40	68m	9'34"/km

Orienteering Software