



Training Volmersberg

St.Vith 25.1.2025

O.L.G. St. Vith ARDOC

Serge BAERT

O.L.V. Eifel

Strecke : A schwarz lang

Länge : 5900m

Zeit : 1:08:29 (11'36"/km)

7/12

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Luca LENGES	0:52:51
2. Thomas BREDO	0:55:58
3. Michael HOCK	1:03:03

1.	203	00:01:57		316m	6'10"/km
2.	202	00:01:46	00:03:43	105m	16'50"/km
3.	216	00:01:05	00:04:48	189m	5'44"/km
4.	217	00:01:37	00:06:25	141m	11'28"/km
5.	218	00:02:03	00:08:28	192m	10'41"/km
6.	219	00:01:50	00:10:18	193m	9'30"/km
7.	220	00:00:31	00:10:49	67m	7'43"/km
8.	221	00:07:06	00:17:55	120m	59'10"/km
9.	222	00:01:33	00:19:28	97m	15'59"/km
10.	223	00:04:19	00:23:47	261m	16'32"/km
11.	203	00:02:36	00:26:23	310m	8'23"/km
12.	201	00:08:07	00:34:30	268m	30'17"/km
13.	224	00:03:02	00:37:32		
14.	205	00:01:07	00:38:39		
15.	213	00:03:23	00:42:02		
16.	212	00:01:07	00:43:09	119m	9'23"/km
17.	208	00:01:07	00:44:16	154m	7'15"/km
18.	210	00:02:31	00:46:47	264m	9'32"/km
19.	211	00:01:59	00:48:46	218m	9'06"/km
20.	225	00:02:15	00:51:01	201m	11'12"/km
21.	209	00:01:11	00:52:12	138m	8'34"/km
22.	213	00:02:43	00:54:55	365m	7'27"/km
23.	224	00:02:52	00:57:47	377m	7'36"/km
24.	204	00:01:43	00:59:30	201m	8'32"/km
25.	201	00:03:24	01:02:54	231m	14'43"/km
26.	214	00:02:05	01:04:59	285m	7'19"/km
27.	207	00:02:42	01:07:41	272m	9'56"/km
28.	999	00:00:48	01:08:29	68m	11'46"/km

Orienteering Software