



Training Volmersberg

St.Vith 25.1.2025

O.L.G. St. Vith ARDOC

Johannes HOCK

O.L.G. St. Vith ARDOC

Omloop : A schwarz lang

Afstand : 5900m

Tijd : 1:06:25 (11'15"/km)

5/12

O.K.

[Volledige uitslagen op Webres](#)

1. Luca LENGES	0:52:51
2. Thomas BREDO	0:55:58
3. Michael HOCK	1:03:03

1.	203	00:02:27		316m	7'45"/km
2.	202	00:01:42	00:04:09	105m	16'11"/km
3.	216	00:01:32	00:05:41	189m	8'07"/km
4.	217	00:01:57	00:07:38	141m	13'50"/km
5.	218	00:02:00	00:09:38	192m	10'25"/km
6.	219	00:02:02	00:11:40	193m	10'32"/km
7.	220	00:00:27	00:12:07	67m	6'43"/km
8.	221	00:03:21	00:15:28	120m	27'55"/km
9.	222	00:06:38	00:22:06	97m	68'23"/km
10.	223	00:02:09	00:24:15	261m	8'14"/km
11.	203	00:02:28	00:26:43	310m	7'57"/km
12.	201	00:03:44	00:30:27	268m	13'56"/km
13.	205	00:04:23	00:34:50	489m	8'58"/km
14.	212	00:04:17	00:39:07	384m	11'09"/km
15.	208	00:01:24	00:40:31	154m	9'05"/km
16.	210	00:04:29	00:45:00	264m	16'59"/km
17.	211	00:01:33	00:46:33	218m	7'07"/km
18.	225	00:01:55	00:48:28	201m	9'32"/km
19.	209	00:01:23	00:49:51	138m	10'01"/km
20.	213	00:02:59	00:52:50	365m	8'10"/km
21.	224	00:02:52	00:55:42	377m	7'36"/km
22.	204	00:02:13	00:57:55	201m	11'02"/km
23.	201	00:02:53	01:00:48	231m	12'29"/km
24.	214	00:02:29	01:03:17	285m	8'43"/km
25.	207	00:02:22	01:05:39	272m	8'42"/km
26.	999	00:00:46	01:06:25	68m	11'16"/km

Orienteering Software