



Training Volmersberg

St.Vith 25.1.2025

O.L.G. St. Vith ARDOC

Luca LENGES

O.L.V. Eifel

Course : A schwarz lang

Distance : 5900m

Time : 0:52:51 (8'57"/km)

1/12

O.K.

[Full result on Webres](#)

- 2. Thomas BREDO
- 3. Michael HOCK

0:55:58
1:03:03

1.	203	00:01:41		316m	5'20"/km
2.	202	00:01:35	00:03:16	105m	15'05"/km
3.	216	00:00:54	00:04:10	189m	4'46"/km
4.	217	00:01:07	00:05:17	141m	7'55"/km
5.	221	00:02:12	00:07:29		
6.	218	00:00:59	00:08:28		
7.	219	00:01:30	00:09:58	193m	7'46"/km
8.	220	00:00:16	00:10:14	67m	3'59"/km
9.	221	00:01:23	00:11:37	120m	11'32"/km
10.	222	00:01:42	00:13:19	97m	17'32"/km
11.	223	00:02:22	00:15:41	261m	9'04"/km
12.	203	00:02:30	00:18:11	310m	8'04"/km
13.	201	00:03:35	00:21:46	268m	13'22"/km
14.	205	00:04:34	00:26:20	489m	9'20"/km
15.	212	00:03:11	00:29:31	384m	8'17"/km
16.	208	00:01:13	00:30:44	154m	7'54"/km
17.	210	00:03:20	00:34:04	264m	12'38"/km
18.	211	00:01:10	00:35:14	218m	5'21"/km
19.	225	00:01:46	00:37:00	201m	8'47"/km
20.	209	00:01:02	00:38:02	138m	7'29"/km
21.	213	00:02:12	00:40:14	365m	6'02"/km
22.	224	00:02:34	00:42:48	377m	6'48"/km
23.	204	00:01:42	00:44:30	201m	8'27"/km
24.	201	00:02:20	00:46:50	231m	10'06"/km
25.	214	00:01:50	00:48:40	285m	6'26"/km
26.	207	00:03:29	00:52:09	272m	12'48"/km
27.	999	00:00:42	00:52:51	68m	10'18"/km

Orienteering Software